

The mission of The Guidance Center is to deliver behavioral healthcare solutions.

The Guidance Center is committed to creating healthy individuals, families, and communities.

Find out how you can help support our services and improve the quality of life of someone with a mental illness by making a contribution to The Guidance Center.

Visit us at www.tgcaz.org or call (928) 527-1899.



a partner Agency of



AHCCCS, private insurance, and self-pay accepted.

Sliding fee scale offered.

FLAGSTAFF
Crisis, Intake, & Inpatient
2187 N. Vickey Street
Flagstaff, AZ 86004
Services 24 hours/day

Outpatient Services
2695 E. Industrial Drive
Flagstaff, AZ 86004
Monday - Thursday
8 a.m. - 6 p.m.
Friday 8 a.m. - 5 p.m.

Phone: (928) 527-1899 or
Toll Free (888) 681-1899

24-Hour Crisis Line
(928) 527-1899



THE
Guidance
CENTER

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Programs & Services
Overview

www.tgcaz.org

Partnering for
better health.

A LEADER IN BEHAVIORAL HEALTH

Established in 1969, The Guidance Center (TGC) is a Community Mental Health Center that offers a full range of Behavioral Health programs and services for children, adolescents, adults, and families. Services are tailored to meet individual and family needs.

What is mental illness?

A mental illness is a combination of symptoms that lead to difficulties with emotion and behavior which disrupts the ability to relate to others and function daily.

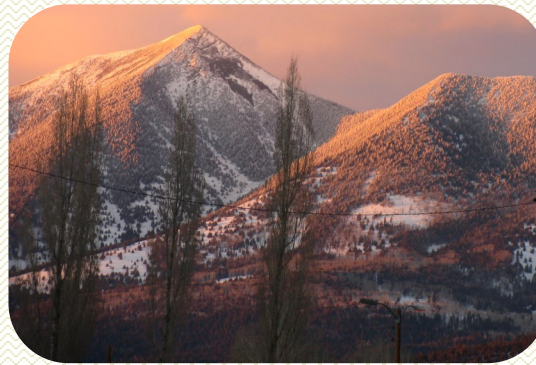
One in four adults are affected by mental illness every year and 20% of children receive mental health care.

Recovery does happen and The Guidance Center partners with consumers through their process of recovery.

Crisis Services are available 24 hours a day, seven days a week either by phone at (928) 527-1899 and at our office: 2187 N. Vickey St.

Our **Child and Family Services** department helps children and families identify strengths they can use to best address challenges they face.

Children and families can access services such as: therapy, family support groups, living skills, summer activities, and group skills programs.



Our **Adult Services** department offers services for adults with general mental health issues. Services are also available for individuals with serious mental illnesses.

Adult Services offers a variety of services, including individual counseling, peer support, case management, art and anxiety groups, vocational counseling, and housing assistance.

Transportation services may be available.

Our **Psychiatric Acute Care Unit** is a 16-bed psychiatric hospital. This unit offers support for adults who are in need of evaluation, medication stabilization, and/or emergency psychiatric care, including involuntary hospitalization.

Our qualified and compassionate staff offers 24-hour care in a safe, structured environment. TGC employees provide medication monitoring as well as educational and activity groups.

Substance Abuse Services are available for individuals and families seeking education, intervention, and/or treatment for drug or alcohol abuse problems.

We provide a full range of services for those struggling with substance abuse including:

- ◆ Stabilization
- ◆ Residential Rehabilitation
- ◆ Outpatient treatment, individual, and group counseling
- ◆ Family therapy
- ◆ Talking circle

HealthCare Connect is a joint effort with North Country HealthCare. The purpose is to close the gap between mental health and primary care. We provide easy access to primary health care on-site at The Guidance Center.